

Catherine S. Peterson, LCSW

Psychotherapist

Brickel and Associates, LLC

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License

Commonwealth of Virginia: Licensed Clinical Social Worker (License No. 0904004587)

CLINICAL EXPERIENCE

Therapist

Brickel & Associates, LLC

Alexandria, Virginia
2016-current

Therapist

Step-Family Support Group

Arlington, Virginia
2007

Therapist

Department of Behavioral Health, Walter Reed Army Medical Center

Washington, D.C.
2001-2004

Therapist

Deployment Health Clinical Center, Walter Reed Army Medical Center

Washington, D.C.
2000-2001

Therapist

Mental Health Clinic, Veterans Affairs Puget Sound Health Care System

Seattle, Washington
1998-2000

Substance Abuse Social Work Fellow

Addictions Treatment Center, Veterans Affairs Puget Sound Health Care System

Seattle, Washington
1997-1998

Therapist and Research Assistant

Evergreen Addiction Treatment Center

Seattle, Washington
1998

Therapist

Outpatient Mental Health Clinic, Veterans Affairs Medical Center

Bedford, Massachusetts

1996-1997

Guardian Ad Litem

Marlborough Probate Court

Marlborough, Massachusetts

1995-1996

Special Education Teacher

Teach for America, Welsh High School

Welsh, Louisiana

1993-1995

PRESENTATIONS AND HONORS

Fostering Trust and Rapport through Empathy and Validation for Veterans with Unexplained Physical Symptoms; Uniformed Social Work Conference, "2001: A Social Work Odyssey" San Diego, CA; January 2001.

The Veterans Integrated Service Network (VISN) Homeless Study; VISN 1 Homeless Conference, Bedford, MA; July 1997.

EDUCATION

Master of Social Work

Boston College, 1997

Bachelor of Science, Psychology

James Madison University, 1993

ADDITIONAL PROFESSIONAL TRAINING

Advanced Level 1 Trauma, Advanced Psychotherapy Training and Education, Lisa Ferentz, LCSW-C, DAPA, Pikesville, MD Fall 2016

Treating Adolescent Substance Abuse and Trauma, Robyn Brickel, M.A., LMFT, & Denise Tordella, M.A., Pikesville, MD October 2016

Healing Affairs Using EFT, Rebecca Jorgensen and Dr. Scott Woolley, August 2016

Maternal Mental Health 101, Joy Burkhard, July 2016

Working Intensively with Complex Trauma and Dissociation Clients, Dr. Maggie Phillips, June 2016

Ego-State Therapy: Working with Early Life Trauma Through the Body, Dr. Maggie Phillips, June 2016

Developing Inner Attachment to Heal Child Parts, Dr. Janina Fischer & Dr. Maggie Phillips, June 2016

Anxiety Disorders in Children & Adolescents, Recognizing & Treating the Emerging Epidemic, Paul Foxman, Ph.D., Bethesda, MD, May 2016

Cognitive Therapy for Dementia, Effective Evaluation & Therapeutic Interventions, Peter R. Johnson, Ph.D., CCC-SLP, Reston, VA 2016

Know thy Boundaries: Ethical Attunement in an Age of Informality, Mary Jo Barrett and Linda Stone Fish, Psychotherapy Networker, Washington, DC, March 2015

Ethics: Necessary and Essential Information for Mental Health and Related Healthcare Professionals, Lois A Fenner, R.N., M.S., Attorney at Law, Fairfax, VA 2016

Emergency Mental Health: Assessment & Treatment, Arlington, VA September, 2014

Healing Your Heart After Grieving, David Kessler Fairfax, VA 2014

Brainstorm, Daniel Siegel, MD, Psychotherapy Networker, Washington, D.C., March 2014

Brain Science and Psychotherapy, Rick Hanson, Ph.D., March 2014

The Power of Full Engagement, Diana Fosha, Ph.D., Psychotherapy Networker, Washington D.C. March 2014

Heal Your Heart After Grief: Help Your Clients Find Peace After Break-Ups, Divorce, Death and Other Losses, David Kessler, Fairfax, 2014.

DSM-5 in Plain English, Kenneth Carter, Ph.D., ABPP, Alexandria, VA 2013

Emergency Mental Health: Assessment and Treatment, Tim Webb, MAEd, LPC, Alexandria, VA 2013

Cognitive Behavioral Therapy and Mindfulness, Richard Sears, PSYD, MBA, ABPP, Alexandria, VA 2013

The Nuts & Bolts of Legal and Ethical Practice, Edward Zuckerman, Ph.D., Alexandria, VA, 2012

Attachment Theory in Clinical Practice, Daniel Siegel, M.D., Psychotherapy Networker, Washington, D.C., 2012

Trauma, PTSD, & Grief, Linda J. Schupp, Ph.D., Arlington, VA 2011

Beyond Pills, Effective Treatment of Depression, Michael Yapko, Ph.D., Psychotherapy Networker, March 2010

Tapping Spiritual Resources for Healing, Froma Walsh, Ph.D., MSW, Psychotherapy Networker, March 2010

Social Work Ethics & the Law: Complex Issues in Social Work Practice, March 2010

Yoga & Mindfulness, Judi Moolten, MSW, RYT, YC, Arlington, VA 2010

Energy Psychology in Disaster Relief, David Feinstein, Ph.D., Psychotherapy Networker Symposium, Washington, D.C., March 2009

Helping "Blended" Families Thrive- Patricia Papernow, Ed.D., Psychotherapy Networker, Washington, D.C., 2009

Treating Daughters of Narcissistic Mothers, Karyl McBride, Ph.D., LMFT, Psychotherapy Networker, Washington, D.C., 2009

A Family's First Year with Cancer, David Treadway, Ph.D., Psychotherapy Networker, Washington, D.C., 2009

Embracing Life in the Face of Death, Irvin Yalom, M.D., Psychotherapy Networker, March 2008

Healing Night: Treating Sleep & Dream Disorders, Rubin Naiman, Ph.D.,
Psychotherapy Networker, March 2008

Strategies for Positive Aging, Robert Hill, Ph.D., Psychotherapy Networker, Washington, D.C., March
2008

The I in the Storm, Richard Schwartz, Ph.D., Psychotherapy Networker, Washington, D.C., March 2008