

# Jenna Watson, MSW, LCSW

Psychotherapist

## Brickel and Associates, LLC

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### **License**

Commonwealth of Virginia: Licensed Clinical Social Worker (License No. 0904010527)

### **CLINICAL EXPERIENCE**

#### *Therapist*

**Brickel & Associates, LLC**  
Alexandria, Virginia  
2019-current

#### *Therapist*

**Revive Counseling Program, Doorways For Women and Families**  
Arlington, Virginia  
2016-2018

#### *Client Services Counselor*

**HomeStart Program, Doorways For Women and Families**  
Arlington, Virginia  
2012-2016

#### *Counseling Clinical Intern*

**Catholic Charities Family Services**  
Arlington, Virginia  
2013-2014

#### *Clinical Social Work Intern*

**Seniors Emergency Center, Holy Cross Hospital**  
Silver Spring, Maryland  
2011-2012

#### *Residential Shelter Assistant*

**Freddie Mac Foundation Family Home, Doorways For Women and Families**  
Arlington, Virginia  
2011-2012

## **EDUCATION**

Master of Social Work  
Catholic University, 2014

Master of Education  
Harvard University, 2001

Master of Arts, Writing, Literature and Publishing  
Emerson College, 1999

Bachelor of Arts, English Literature  
Kalamazoo College, 1997

## **ADDITIONAL PROFESSIONAL TRAINING**

*Sexological Anatomy*, Roz DiSchiavo, Ed.D, CSE/CSEC, MA-MFT, Institute For Sexuality Education & Enlightenment, Webinar, December 14, 2018

*Intersections of Sex and Technology*, Kaitlyn Scalisi, MPH, Institute For Sexuality Education & Enlightenment, Webinar, November 29, 2018

*EMDR Basic Training*, Mary L. Froning, Psy.D., Trauma Institute & Child Trauma Institute, Washington, D.C., September 22-23, Oct 6, 20-21, 27-28, November 17, 2018

*Child and Adolescent Sexual Development*, Roz DiSchiavo, Ed.D, CSE/CSEC, MA-MFT, Institute For Sexuality Education & Enlightenment, Webinar, August 13, 2018

*Alternative Lovestyles: Working With Polyamorous Clients*, Roz DiSchiavo, Ed.D, CSE/CSEC, MA-MFT, Institute For Sexuality Education & Enlightenment, Webinar, August 7, 2018

*Working With Kinky Clients*, Samantha Manewitz, LICSW, CST, Institute For Sexuality Education & Enlightenment, Webinar, August 7, 2018

*The Gaslight Effect: Supporting Survivors of Emotional Abuse*, Robin Stern, Ph.D, Jewish Women International's National Alliance to End Domestic Abuse, Live Webinar, February 28, 2018

*Sensorimotor Psychotherapy*, Pat Ogden, Ph.D, Live Webcast, Turf Valley Resort & Conference Center, Ellicott City, MD, October 13, 2017

*Trauma Representations in Sand Therapy: Safety and Empowerment for Healing*, Dee Preston-Dillon, Ph.D, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, June 6, 2017

*Using Visualization, Focusing, and Guided Imagery for the Management of Depression, Anxiety, and Flashbacks*, Lisa Ferentz, LCSW-C, DAPA, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, May 24, 2017

*Using Art Techniques for Grounding, Soothing, and Containment in Trauma Survivors*, Tally Tripp, MA, MSW, LICSW, ATR-BC, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, May 12, 2017

*The Power of Mindfulness Practice*, Jon Kabat-Zinn, Ph.D., PESI, Digital Seminar, April 12, 2017

*A Three-Stage Approach to Incorporating Expressive and Creative Therapies: Using Playback Theatre, Psychodrama, Art, Music, and Guided Imagery*, Yehuda Bergman, Ph.D, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, February 28, March 8, 2017

*Enhancing Neuroplasticity*, Linda Graham, MFT, Psychotherapy Networker, Washington, DC, March 24, 2017.

*The Challenge of Treating Complex PTSD*, Mary Jo Barrett, MSW, & Linda Stone Fish, MSW, Ph.D, Psychotherapy Networker, Washington, DC, March 23, 2017.

*Ethics, Reporting, and Termination Issues*, Lisa Ferentz, LCSW-C, DAPA, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, December 21, 2016

*Trauma and the Therapeutic Alliance*, Lisa Ferentz, LCSW-C, DAPA, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, December 13, 21, 2016

*The Pharmacological and Non-Pharmacological Treatment of Anxiety and Depression in Trauma Survivors*, Lisa Ferentz, LCSW-C, DAPA, Dr. Kevin Ferentz, MD, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, November 21, 2016

*Creatively and Effectively Treating Trauma*, Lisa Ferentz, LCSW-C, DAPA, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, November 4, 2016

*Understanding Trauma and Its Reverberating Effects*, Lisa Ferentz, LCSW-C, DAPA, The Ferentz Institute For Advanced Psychotherapy Training and Education, Pikesville, MD, September 7, 15, 21, 2016

*Understanding and Teaching DBT's Distress Tolerance Skills*, Orit Paytan, LCSW, Greater Washington Society For Clinical Social Work, Arlington, VA, July 8, 2016

*Transgender 101*, Alex Garnick, TransLaw, Arlington, VA, June 2, 2016

*Development of Clinical Intuition*, Marilyn Stickle, LCSW, BCD, Greater Washington Society For Clinical Social Work, Arlington, VA, April 22, 2016

*Working With Transgender Clients*, Hani Miletski, Ph.D, MSW, Greater Washington Society For Clinical Social Work, Bethesda, MD, April 15, 2016

*Trauma-Informed Care SERVE Model*, Bonnie Martin, LPC, Arlington, VA, February 2, 2016

*23<sup>rd</sup> Annual Creative Writing Seminar for Social Workers*, University of Iowa School of Social Work, Iowa City, IA, July 18-21, 2014

*Psychopharmacology Review*, Dr. Lisa Cullins, MD, Catholic University, National Catholic School of Social Service Continuing Education, Washington, DC, November 8, 2013

*Stewards of Children Child Sexual Abuse Prevention Training*, Darkness To Light, Saint John the Apostle Catholic Church, Leesburg, VA, November 2, 2013

*Aging in America Conference*, American Society on Aging, Marriott Wardman Park, Washington, DC, March 28-April 1, 2012

*Florida Conference on Aging*, Florida Council on Aging, Caribe Royale Hotel, Orlando, FL, August 16-18, 2010