

Whitney Noftsier, MSW, LCSW
Psychotherapist

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LICENSES/CERTIFICATIONS

Commonwealth of Virginia: Licensed Clinical Social worker (License No. 0904012868)

California: Licensed Clinical Social Worker (License No. 90889)

North Carolina: Licensed Clinical Social Worker (License No. C011996)

MEMBERSHIPS AND ASSOCIATIONS

Member of the National Association of Social Workers (NASW)

Member of the National Alliance on Mental Illness (NAMI)

CLINICAL EXPERIENCE

Therapist

Brickel and Associates, LLC

Alexandria, Virginia

May 2021 - Present

Certified Resilience Trainer, Families OverComing Under Stress (FOCUS) Program

UCLA Semel Institute for Neuroscience and Human Behavior

San Diego, California

August 2019 - May 2021

Therapist

Pride in North Carolina, LLC

Jacksonville, North Carolina

May 2017 - February 2019

Community Support Team Lead Clinician

Pride in North Carolina, LLC

Jacksonville, North Carolina

November 2016 - May 2017

Clinical Social Work Intern

Catholic Charities of the Diocese of Raleigh, New Bern Region
New Bern, North Carolina
August 2015 – May 2016

Social Work Intern

Onslow Women's Center
Jacksonville, North Carolina
September 2014 – May 2015

Youth Advocate

Youth Advocate Programs, Inc.
Phoenix, New York
May 2010 – October 2010

EDUCATION

Master of Social Work

Edinboro University of Pennsylvania, August 2016

Bachelor of Arts, Sociology

State University of New York at Geneseo, August 2010

ADDITIONAL PROFESSIONAL TRAINING

Dialectical Behavior Therapy Skills Training, Marsha Linehan, PhD, ABPP, June 2021

Maternal Mental Health 101, Postpartum Support International and 2020 Mom Project, June 2021

Treating Infidelity in LGBTQIA+ Couples, The Gottman Institute, Kari Rusnak, LPC, CMHC, April 2021

Moral Injury as an Identity Wound, UCLA Division of Population Behavioral Health, William Nash, MD, March 2021

Key Elements for the Effective Management and Resolution of Suicidality, The Center for Deployment Psychology, September 2020

How Positive Psychology can Enhance the Performance and Well-being of Service Providers, The Center for Deployment Psychology, July 2020

Warrior Wellness: Mental Health and Women in the US Military, The Military Families Learning Network, Mary Mattson, LICSW, June 2020

Intimacy and Emotional Disconnect in Military Populations, PsychArmor Institute, Sarah Nunnick, PhD, June 2020

Self-Care In Social Work: A Guide for Practitioners, Supervisors, and Administrators, NASW California, April 2020

Moral Injury: Suicide Risk, Survivors Guilt, & other Clinical Manifestations, The Military Family Learning Network, Shira Maguen, PhD, April 2020

Somatic Approaches to Treating Trauma: Somatic Experiencing, Bioenergetics, and TRE Principles and Processes, California Society for Clinical Social Work, Merri Martin, LCSW, February 2020

Cognitive Processing Therapy, Medical University of South Carolina Department of Psychiatry and Behavioral Sciences, April 2019

The New NASW Code of Ethics, NASW Onslow County Local Program Unit, January 2019

Resilience: The Art and Science of Healing from Trauma, Amber Brackmann, MA, October 2018

Awareness and Prevention of Youth Suicide, The Jason Foundation, June 2017

Clinical Social Work Institute Conference, National Association of Social Workers, May 2017

Engaging LGBTQ Youth and Families: Strengths Based Work with LGBTQ Clients and Families, Eastern Area Health Education Center, Karen Koch, MSW, LCSW, March 2017

Motivational Interviewing, Benchmarks NC, Todd Roberts, March 2017

Trauma-Focused Cognitive Behavior Therapy, Medical University of South Carolina Department of Psychiatry and Behavioral Sciences, 2016