

McKenna Emmerich, MA, NCC

Resident in Counseling
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LICENSES

Commonwealth of Virginia: Resident in Counseling (License No. 0704014779)

CERTIFICATIONS

Neuroscience-Informed Cognitive Behavioral Therapy (nCBT) – May 2020

Psychological First Aid – November 2020

Counseling on Access to Lethal Means (CALM) – April 2021

Massachusetts Child & Adolescent Needs & Strengths (CANS) – October 2019

CLINICAL EXPERIENCE

Resident in Counseling

Brickel & Associates, LLC

Alexandria, Virginia

March 2022 to present

Clinical Intern

Boston Area Rape Crisis Center

Cambridge, Massachusetts

2020-2021

Clinical Practicum Intern

Arbour HRI Hospital – Women’s Partial Hospitalization Program

Boston, Massachusetts

2020

EDUCATION

Master of Arts – Mental Health Counseling and Behavioral Medicine

Boston University School of Medicine, 2021

Bachelor of Arts in Business Administration, Marketing

Minor in Communication Studies

Gonzaga University, 2017

ADDITIONAL PROFESSIONAL TRAINING

What the TOP Dissociative Disorder Network Studies Tell Us About Treating Individuals with Dissociative Disorders, Dr. Bethany Brand, DC Psychological Association, April 2022

Trauma, Dissociation, & Sexuality, Dr. Mark Schwartz, Harmony Place Monterey, April 2022

Expanding the Circle of Support in the Perinatal Period: A Virtual Training for Providers Serving Pregnant People and New Parents, Mass PPD Fund, April 2022

Trauma Informed and Resilience Oriented Care (TIROC): A Foundation for Wellbeing and Recovery, Maggie Tipton Miller, CARON, April 2022

Navigating This New Grief and Loss Journey, Karen Monts, TAPS Institute for Hope & Healing, March 2022

Infection, Inflation, Invasion: Strategies for Managing Stress & Uncertainty, Dr. Ellyn Bader et. al., The Couples Institute, March 2022

Grounding Techniques for Dysregulated Clients, Jean Campbell, NAADAC, March 2022

Dissociation Part 2: Modifications for Safe and Successful Processing, Paula P. Merucci, Family Recovery Centers, March 2022

Research Reveals Series, Life Perspectives, March 2022

The Trauma of Racism: Expert Strategies to Help Clients Heal, National Institute for the Clinical Application of Behavioral Medicine, March 2022

Treating Trauma Master Series, National Institute for the Clinical Application of Behavioral Medicine, February 2022

2 Day: Body Keeps The Score – Trauma Healing with Bessel van der Kolk, M.D., Bessel van der Kolk, PESI, December 2021

Disaster Mental Health Counseling, Cirecie A. West-Olatunji, Ph.D., Mental Health Academy, November 2021

Applied Positive Psychology: Finding Mastery & Flourishing, Caroline Adams Miller, MAAP, Mental Health Academy, November 2021

Telepsychology Best Practices 101: About the Tech. . .Video, Email, Text Messaging & Apps, Continuing Education in Psychology, American Counseling Association, September 2020

Online Mandatory Reporter Training, Middlesex Children's Advocacy Center, October 2019