

**Whitney Noftsier, MSW, LCSW**  
**Psychotherapist**

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**LICENSES/CERTIFICATIONS**

Commonwealth of Virginia: Licensed Clinical Social worker (License No. 0904012868)

**CLINICAL EXPERIENCE**

*Psychotherapist*

**Brickel and Associates, LLC**

Alexandria, Virginia

May 2021 - Present

*Certified Resilience Trainer, Families OverComing Under Stress (FOCUS) Program*

**UCLA Semel Institute for Neuroscience and Human Behavior**

San Diego, California

August 2019 - May 2021

*Psychotherapist*

**Pride in North Carolina, LLC**

Jacksonville, North Carolina

May 2017 - February 2019

*Community Support Team Lead Clinician*

**Pride in North Carolina, LLC**

Jacksonville, North Carolina

November 2016 - May 2017

*Clinical Social Work Intern*

**Catholic Charities of the Diocese of Raleigh, New Bern Region**

New Bern, North Carolina

August 2015 - May 2016

*Social Work Intern*

**Onslow Women's Center**

Jacksonville, North Carolina

September 2014 - May 2015

*Youth Advocate*

**Youth Advocate Programs, Inc.**

Phoenix, New York

May 2010 – October 2010

**EDUCATION**

*Master of Social Work*

Edinboro University of Pennsylvania, August 2016

*Bachelor of Arts, Sociology*

State University of New York at Geneseo, August 2010

**ADDITIONAL PROFESSIONAL TRAINING**

*Ethics of Clinician Self-Care in Treating Trauma*, Twin Lakes Recovery Center, Debra Alvis, PhD, C-IAYT, June 2023

*Clinical Implications of Attachment Work*, David Wallin, PhD, May 2023

*Intro to Imago*, The Imago Center of Washington DC, April 2023

*Developmental Trauma, Attachment, and Identity: Threading the Connection Between Attachment, Core Beliefs, and the Effects on Identity*, Angeleena Francis, LMHC, February 2023

*Identifying the Intersection Between Trauma and Addiction*, The Family Recovery Centers, February 2023

*Trauma-Informed Stabilization Treatment Level 1*, Academy of Therapy Wisdom, Janina Fisher, Ph.D., January 2023

*Healing the Shame of Our Fragmented Selves*, Academy of Therapy Wisdom, Janina Fisher, Ph.D., October 2022

*It Takes a Village: Ethics in the Virtual Space*, Eating Recovery Center, October 2022

*Assessment & Treatment of Dissociative Identity Disorder*, Colin A. Ross, MD, October 2022

*Motivational Interviewing: The “WD-40” of Behavior Change*, Sean LeNoue, MD, September 2022

*Parts Work 101: Mapping Your Inner Family*, Paula Merucci, LCSW, CADC, August 2022

*Marijuana and the Developing Adolescent Brain: Medicalization & Legalization and the Rise on Cannabis Use Disorder, Psychiatric & Medical Co-Morbidities*, Caron Treatment Center, Kate Appleman, MA, LPC, CAADC, CSAT, CCS, August 2022

*Dissociation Part 2: Modifications for Safe and Successful Processing*, Family Recovery Centers, Paula Merucci, LCSW, CADC, March 2022

*The Polyvagal Theory: What You Need to Know and How to Apply It in Therapy*, Family Recovery Centers, Paula Merucci, LCSW, CADC, April 2022

*Trauma, Dissociation, & Sexuality*, Harmony Place Monterey, Dr. Mark Schwartz, April 2022

*Understanding Childhood Trauma and How to Help Youth Recover*, Operation Parent, Beth Tyson, MA, March 2022

*Grounding Techniques for Dysregulated Clients*, The Association for Addiction Professionals, Jean Campbell, LCSW, SEP, TEP, March 2022

*Dissociation: What is it? And why is it important?*, Family Recovery Centers, Paula Merucci, LCSW, CADC, March 2022

*Trauma Informed Couples Therapy*, The Ferentz Institute, Robyn Brickel, LMFT, December 2021

*Building Awareness: Privilege vs Marginalization*, Academy for Therapy Wisdom, Janina Fisher, Debra Chatman-Finley, & Glicería Pérez, November 2021

*NICABM Advanced Master Series in the Treatment of Trauma*, October 2021

*Understanding Addiction & Interventions: Providing Support for Individuals with SUD*, Tim Dunnigan, CIP, LCSW-C, September 2021

*Gender-Competent Mental Health*, Sarah Burgamy, Psy.D., September 2021

*Attachment Trauma and Eating Disorders*, IAEDP Alexandria, September 2021

*Telehealth for Mental Health Professionals: 2 Day Distance Therapy Training*, Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH, August 2021

*Suicide Risk Assessment and Intervention*, Stan Taubman, PhD, LCSW, August 2021

*Attachment Wounds, Repair, & Healing: Family Systems Work for the LGBTQ+ Community*, Lynn Wadsworth, LCMHC, LCAS, CCS & Michael Hinkley, PhD, LMSW, LADC, July 2021

*6 F's of IFS*, Jessica Sorci, LMFT, July 2021

*Dialectical Behavior Therapy Skills Training*, Marsha Linehan, PhD, ABPP, June 2021

*Maternal Mental Health 101*, Postpartum Support International and 2020 Mom Project, June 2021

*Treating Infidelity in LGBTQIA+ Couples*, The Gottman Institute, Kari Rusnak, LPC, CMHC, April 2021

*Moral Injury as an Identity Wound*, UCLA Division of Population Behavioral Health, William Nash, MD, March 2021

*Warrior Wellness: Mental Health and Women in the US Military*, The Military Families Learning Network, Mary Mattson, LICSW, June 2020

*Intimacy and Emotional Disconnect in Military Populations*, PsychArmor Institute, Sarah Nunnick, PhD, June 2020

*Moral Injury: Suicide Risk, Survivors Guilt, & other Clinical Manifestations*, The Military Family Learning Network, Shira Maguen, PhD, April 2020

*Somatic Approaches to Treating Trauma: Somatic Experiencing, Bioenergetics, and TRE Principles and Processes*, California Society for Clinical Social Work, Merri Martin, LCSW, February 2020

*Cognitive Processing Therapy*, Medical University of South Carolina Department of Psychiatry and Behavioral Sciences, April 2019

*Resilience: The Art and Science of Healing from Trauma*, Amber Brackmann, MA, October 2018

*Awareness and Prevention of Youth Suicide*, The Jason Foundation, June 2017

*Clinical Social Work Institute Conference*, National Association of Social Workers, May 2017

*Engaging LGBTQ Youth and Families: Strengths Based Work with LGBTQ Clients and Families*, Eastern Area Health Education Center, Karen Koch, MSW, LCSW, March 2017

*Motivational Interviewing*, Benchmarks NC, Todd Roberts, March 2017

*Trauma-Focused Cognitive Behavior Therapy*, Medical University of South Carolina Department of Psychiatry and Behavioral Sciences, 2016